



Husband ✓
= 62 Y-S
- unanayed
- metabolic Free
- NA obese
- NA smoker
- last sex 31 Y-S
Nationality: Q 31 Y-S

File No.: 039305

GYNAECOLOGICAL SHEET

DR LEILA HAMID MEDICAL CENTER
File No: 039305
Name: REFAA ABDULLA ALDOSARI
QID No: 27663402930 Sex: Female
Mob: 66321991 ADDRESS: ALQETIFIA

Age: 47yrs
Marital Status: 2 mths
Husband's Name: Ziael Abdulrahman Alsawathi
Phone: 66312991 Residence Phone:

SYMPTOMS:

- Newly married - wants to conceive
counselled in depth for percentage & risk of pregnancy
at this age.

Medical History:

Branchial asthma
on inhaler

P.H. Not smoked

F.H. Not smoked

MENSTRUAL HISTORY:

Menarche:

14 Y-S

L.N.M.P

5-7-24

Menstrual Habits:

Regular every month - 6-7 days

Menstrual Symptoms:

NA symptoms

Menopause:

Parity:

P 0

Abortion

0

Ectopic

LCB



EXAMINATION

General Examination: Ht. 155 cm Wt. 69.6 Kg BMI Kg/m² Bp 120/80 mm Hg

well - cooperative - educated

Chest, C.V.S.

NAD

Abdomen:

NAD

Breasts:

NAD

PELVIC EXAMINATION:

Speculum Exam.

Bimanual Exam.

Rectal Exam.

Declined

Investigation Requested:

TVS 2- RVF uterus - Thickened endometrium ET 17-14 mm
small both ovaries & low reserve No FFCDs

Diagnosis:

Advance maternal & Paternal age for fertility workup

Plan of Management:

ESR / LH / TSH and Progesterone, SFA
& referral to IVF center for IVF + PGD
Folic acid prophylaxis

Next Appointment:



ENDOCRINOLOGY

Name : REFAA ABDULLA
Sex/Age : F/ 47 y / 7 m / 0 d
Nationality : Qatar
Sample Col. : At Lab
Ref. By Dr. : Dr Salwa Elgaly Musa
Ref. By Clinic : DRLEILAMC

Lab No : 33206
DL No : 24193
Entrance Tm: 01-AUG-2024 17:04:03
Exit Date : 01-AUG-2024 18:53:57
Ext. Ref. Num.: 039305

TEST	RESULT	UNIT	REFERENCE VALUE
FSH	15.25	mIU/ml	Follicular phase : 3.4 - 12.4 Ovulation phase : 4.5 - 21.3 Luteal phase: 1.6 - 7.5 Postmenopausal stage: 25.5 - 134.5 High FSH levels in women may be present: -During or after menopause, including premature menopause -When receiving hormone therapy -Due to certain types of tumor in the pituitary gland -Due to Turner syndrome Low FSH levels in women may be present due to: -Being very underweight or having had recent rapid weight loss -Not producing eggs (not ovulating) -Parts of the brain (the pituitary gland or hypothalamus) not producing normal amounts of some or all of its hormones -Pregnancy
LH	4.94	IU/L	Follicular phase: 2.4 - 12.7 Ovulation phase: 14.2 - 95.7 Luteal phase: 1.0 - 11.5 Postmenopausal phase: 7.9 - 58.8 In women, a higher than normal level of LH is seen: -When women of childbearing age are not ovulating -When there is an imbalance of female sex hormones (such as with polycystic ovary syndrome) -During or after menopause -Turner syndrome (rare genetic condition in which a female does not have the usual pair of 2 X chromosomes) When the ovaries produce little or no hormones (ovarian hypofunction) A lower than normal level of LH may be due to the pituitary gland making enough hormone (hypopituitarism).
Prolactin	15.23	ng/ml	4.81-23.4
Following conditions may have high prolactin levels: -Chest wall injury or irritation -Presence of nipple rings -Disease of an area of the brain called the hypothalamus -Thyroid gland does not make enough thyroid hormone (hypothyroidism) -Kidney disease -Pituitary tumor that makes prolactin (prolactinoma) -Other pituitary tumors and diseases in the area of the pituitary -Abnormal clearance of prolactin molecules (macroprolactin) - Certain medications			

Pathologist Name. Dr .Swaroop, Anatomical and Clinical Pathologist

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مختبرات دلتا العالمية د.م.م.
DELTA INTERNATIONAL LABORATORIES W.L.L
Quality • Safety • Privacy

ENDOCRINOLOGY

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The following can temporarily increase prolactin levels:

- Emotional or physical stress (occasionally)
- High-protein meals
- Intense breast stimulation
- Recent breast exam
- Intense exercise

TSH	2.52	μIU/ml
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Euthyroid: 0.25 - 5 μIU/ml
Hyperthyroid: <0.15 μIU/ml
Hypothyroid: > 7 μIU/ml

Higher than normal levels of TSH and an underactive thyroid can be caused by:

- Hypothyroidism (Underactive Thyroid)
- Iodine Deficiency or Excess
- Radiation Therapy
- Obesity
- Increases with increasing age
- Pituitary Tumors releasing excess TSH
- Some toxins, drugs, and supplements can increase TSH, including:
Lithium therapy.
Opioids, including morphine, methadone, and buprenorphine.
Metyrapone (Metopirone), used to treat Cushing's syndrome.
Arsenic.
Perchlorates found in rocket fuels.
Dopamine inhibitors (metoclopramide, domperidone, sulpiride, monoiodotyrosine)

For Pregnant women:

1st Trimester: 0.30 - 2.50
2nd Trimester: 0.30 - 3.00
3rd Trimester: 0.80 - 3.50

Lower than normal levels of TSH and an overactive thyroid can be caused by:

- Graves' disease
- Too much iodine in body
- Too much thyroid hormone medication
- Too much of a natural supplement that contains the thyroid hormone
- Medications like steroids, dopamine, or opioid painkillers (like morphine).
- Taking biotin (B vitamin supplements) also can falsely give lower TSH levels.

Pathologist Name. Dr .Swaroop, Anatomical and Clinical Pathologist

Dr Swaroop



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E.mail : info@deltalabsqatar.com

Website : www.deltalabsqatar.com



Date 1 / 8 / 24

New Patient Registration Form

Full Name محمد عبد الله بن محمد الإسم الكامل

Date of Birth 21/11/1976 تاريخ الميلاد

Marital Status ☐ Single / أعزب ☒ Married / متزوج ☐ Divorced / مطلق ☐ Widowed / أرمل

Gender: ☐ Male / ذكر ☒ Female / أنثى Nationality فلسطينية الجنسية

Occupation موظف المهنة

I.D Number رقم البطاقة الشخصية

Telephone No. (Home) رقم الهاتف المنزلي

Mobile Number 66312991 رقم الجوال

Emergency Contact Person د. ر. أقرب الأقارب

Emergency Contact Number 66312991 / 55551007 رقم هاتف

Address: Building No. Zone No. Street No. العنوان:

رقم البناية رقم المنطقة رقم الشارع العنوان:

How did you hear about our Center من أين سمعت عن مركزنا؟

☐ Advertisements / إعلانات ☐ Referral by doctor ☐ Friends & Relatives / أصدقاء وأقارب

☐ Others / أخرى

How do you want us to address you ? كيف تفضل أن نناديك ؟

☐ By Name / بالإسم ☐ By No / بالرقم ☐ Others (please specify) / حدد الطريقة التي تفضلها

I receive my Rights & Responsibilities ☐ إستلمت قائمة حقوق و مسؤوليات المريض

Signature التوقيع

File Number 039905



نموذج الموافقة المستنيرة

موافقة على العلاج الطبي

أوافق و أوجة الطبيب / الطيبة المعالج لي لمقابلتي وأجراء الكشف علي والقيام بتشخيصي ومعالجتي بالأدوية أو العقاقير أو عمليات إن إحتاج الأمر ، وأنا أدرك أن من مسؤوليتي الحضور في الوقت المحدد لمواعيدي واتباع أوامر الطبيب المعالج لي كما أدرك بأنني لدي الحق في طلب رأي ثاني لو لم أكن راضيا / راضية عن الرعاية المقدمة لي.

وأوافق على أي اجراء فحص طبي إن طلب مني من أجل تقديم رعاية طبية صحيحة.

وقد قرأت ووافقت على نموذج الموافقة المستنيرة حسب تعليمات وزارة الصحة العامة.

اسم المريض / المريضة:

التاريخ:

ملف رقم:

التوقيع:



18-24

039305

State of Qatar
ID. Card



دولة قطر
بطاقة إثبات شخصية



الرقم: ID. No: 27663402930

تاريخ الميلاد: D.O.B. 02/11/1976

الجنسية: QATAR / قطريه

الصلاحية: Date of expiry: 06/06/2030



الإسم: رفعة عبدالله فواز عظيمان الدوسري

Name: REFAA ABDULLA F A AL-DOSARI

منطقة 56 - شارع 816 - مبنى 32

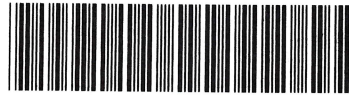
العنوان:

Serial No:

الرقم المسلسل:

مدير إدارة الجنسية و وثائق السفر
Authority's signature

توقيع حامل البطاقة
Holder's signature



DR. LEILA H. MEDICAL CENTER W.L.L.

Tel. 44817651/ 44817652 - Fax: 44812796

Al Salam Street - North Muaither

Villa No.: 80 & 82



مركز د. ليلى حامد الطبي د.م.م.

تليفون: ٤٤٨١٧٦٥١ / ٤٤٨١٧٦٥٢ - فاكس: ٤٤٨١٢٧٩٦
شارع السلام - معيذر الشمالي
فيلا رقم: ٨٠ و ٨٢

وصفة طبية Prescription

Nº

Date:

01 AUG 2024

التاريخ:

Patient's name:

Refaa Abdulla

إسم المريض:

File No.:

039305

رقم الملف:

Age:

1 year

العمر:

Rx

- Enic acid tabs 1mg

حبّة بيضاوية بيضاء ١ ملغ

Doctor's signature:

Email: dr.leilamedcenter@gmail.com
Mobile: 55868523